

Items To Bring



- Any Medications you are now taking
- Casual Clothing, Gym Clothes, Tennis Shoes, Sandals
- All Shorts must be no shorter than 2" above the knee
- Undergarments Required
- Sheets (twin size)
- Blankets
- Pillow
- Towels, Washcloths
- Laundry Detergent
- Soap
- Shampoo, Conditioner
- Razor (electric or disposable)
- Shaving Cream
- Toothbrush, Toothpaste
- Alarm Clock (*WITHOUT* radio)
- Cigarettes
- Raingear or Umbrella
- Loose Leaf Paper & Pens
- Tennis Racket & Tennis Balls (optional)
- Church Clothes (optional)
- Clothes Hangers (optional)

Items *Not* To Bring

- No Products containing Alcohol (mouthwash, Bengay, and other analgesic ointments)
- No Tank or Halter Tops
- No Swim Suits
- No Short Shorts (must be no shorter than 2" above the knee)
- No tight, Revealing Clothing
- No T-shirts or Caps that promote alcohol, or drugs use or display undesirable messages
- No Mid-Drift-Shirts – when you hold your arm up in the air, we should not be able to see your underwear or skin
- No Boats, Trailers, or ATV's
- No Candles or incense
- No Pornography
- Electronic devices (CD players, Kindles, IPad's, IPod's, etc.)
- Perfume or Colognes
- Books that are not Spiritually Based



Please call if you have any questions

1-800-203-6612